



Dear Parents, Grandparents, Godparents, and Mentors,

Welcome to Family Faith Formation!

We are excited to journey with you throughout this school year as we deepen our understanding of the Catholic faith and explore what it means to live as faithful disciples of Jesus Christ in today's world. One of the greatest blessings of Family Faith Formation is that families grow in faith together. Parents and other loving adults do not need to be experts in the faith to participate successfully. Each lesson is written at an accessible level and is designed to help families learn and discuss the faith together.

By spending a small amount of time each week working through the lesson and attending the monthly parent sessions, parents can become familiar with each topic and grow in confidence as the primary educators of their children in the faith. Additional resources from Sacred Scripture and the Catechism of the Catholic Church are included for those who wish to study more deeply.

Many parents have shared that through Family Faith Formation they came to understand the Catholic faith more fully for the first time. Some have even found their way back to the sacraments after years away. We pray that your family's experience will also be a source of grace, growth, and renewal. For those preparing to receive the Sacraments of Reconciliation, First Holy Communion, or Confirmation, Family Faith Formation is also a piece of your sacramental preparation. Parents fulfill their formation requirements through the program, while students meet with catechists to deepen and reinforce what is being taught and experienced at home.

We would like to highlight three important aspects of the Family Faith Formation program that may be different from previous faith formation experiences:

A Hybrid Model

Families gather for in-person sessions once each month. During these sessions, you will receive materials and guidance for the at-home lessons that will be completed during the weeks in between.

Family-Centered Formation

The first session of each month is for the Family and in-person. Together with the at-home lessons, these gatherings encourage families to learn, pray, and grow in faith together while empowering parents to embrace their God-given role as the primary educators and witnesses of the faith.

Lifelong Discipleship

Our goal is not simply to prepare children for a sacrament, but to help families develop a living relationship with Jesus Christ and a lifelong commitment to following Him as members of His Church. Thank you for allowing us to walk alongside your family in this sacred responsibility. We do not take this privilege lightly. Please know that you and your family will remain in our prayers throughout the year.

In the hearts of the Holy Family,
Evangelization Department



PROGRAM OVERVIEW

Age Group: Pre-K through 5th grade

Session Time: Wednesdays, 6 to 8 pm or Sundays, 8:30 am to 10:30 am

Who should enroll? Parents, Grandparents, Mentors, and children in grades K-5

Holy Family Staff Contacts:

- Faith Formation Administrative Assistant: Joshua Diaz,
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- Coordinator of Evangelization and Pastoral Ministries: Amber Sechser,
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WHAT TO EXPECT?

Family Sessions

Each month will be a family session on Sunday or Wednesday.

At least one parent, grandparent, godparent, or other loving adult should attend with their student. Adults may attend without the child.

These sessions will begin in the Main Church, followed by break-out sessions for adults and students.

At-Home Lessons

Each month, families will receive a packet of lessons to work on at home.

Through stories, games, and activities the Faith is shared within the family.

What needs to be completed will be provided.

This hybrid format allows us to meet monthly and still work through the teachings of the Catholic Church.

Catholic School

Faith Formation in the home is critical, regardless of a child's school enrollment. By using Family Formation, a family can grow together in faith, and the shared experience offered make for teachable moments in normal family life. Children receive significant lessons in the importance of Faith as witnessed by the parents. At every age, growth in our faith is important!

SEE THE NEXT PAGE FOR THE CLASS CALENDAR.

Family Catechesis Lessons 25.26

Date	Sun at 8:30 am Weds at 6 PM	Lesson/Topic for the Month
Sept 2	Weds	Registration - Parent Night - Angels
Oct 4	Sunday	Overview of the Mass
Oct 7	Weds	Overview of the Mass
Nov 1	Sunday	The Creed
Nov 4	Weds	The Creed
Dec 2	Weds	Advent Penance Service for Families
Jan 3	Sunday	TBD
Jan 6	Weds	Teaching Mass
Feb 3	Weds	Sacrament of the Sick
Feb 7	Sunday	Sacrament of the Sick
Mar 3	Weds	Lenten Penance Service for Families
Apr 4	Sunday	Eucharistic Adoration (Younger Families)
Apr 7	Weds	Eucharistic Adoration (Older Families)
May 1	Sunday	Mary: God's Master Piece
May 5	Weds	Mary: God's Master Piece

Family Formation Topics for Cycle A/B (2026-2027)

SEPTEMBER

Home Lesson: Angels

OCTOBER

Adult Formation and Classroom Lesson Topic:

Where Heaven and Earth Meet (Overview of the Mass)

Home Lesson—Week 1: The Liturgy of the Word

Home Lesson—Week 2: The Liturgy of the Eucharist

Home Lesson—Week 3: Vessels and Vestments:

Things That Are Used at Mass

Also: Christian Citizenship

NOVEMBER

Adult Formation and Classroom Lesson Topic:

I Believe! (The Creed)

Home Lesson—Week 1: Celebrating the Real Presence

Home Lesson—Week 2: The Spiritual Works of Mercy

Home Lesson—Week 3: The Corporal Works of Mercy

Home Lesson—Week 4: Advent Activities

DECEMBER

Adult Formation and Classroom Lesson Topic:

Water and Fire (Baptism and Confirmation)

Home Lesson—Week 1: Isaiah the Prophet

Home Lesson—Week 2: Christmas Activities

Home Lesson—Week 3: The Holy Family and Epiphany

JANUARY

Adult Formation and Classroom Lesson Topic:

The Call: Are You Listening? (Vocations and Holy Orders)

Home Lesson—Week 1: Authority and Obedience

Home Lesson—Week 2: The Call of Samuel

Home Lesson—Week 3: God's Call to Us

Home Lesson—Week 4: Lenten Activities

FEBRUARY

Adult Formation and Classroom Lesson Topic:

Sacrament of the Sick

(Everything You Always Wanted to Know and Never Got to Ask)

Home Lesson—Week 1: God's Covenant with Noah

Home Lesson—Week 2: God's Covenant with Abraham

Home Lesson—Week 3: God's Covenant with Moses

MARCH

Adult Formation and Classroom Lesson Topic:

Written on Stone, Chiseled in Your Heart (The Ten Commandments)

Home Lesson—Week 1: Intercessory Prayer

Home Lesson—Week 2: Holy Week

Home Lesson—Week 3: Easter Activities

APRIL

Adult Formation and Classroom Lesson Topic:

Kneeling Before the Majesty of God (Eucharistic Adoration)

Home Lesson—Week 1: Adoration and Holiness

Home Lesson—Week 2: Keeping the Lord's Day Holy

Home Lesson—Week 3: Sacramentals and Indulgences

Also: Saints' Stories

MAY

Adult Formation and Classroom Lesson Topic:

Mary: God's Masterpiece (includes the Living Rosary)

Home Lesson—Week 1: Marian Apparitions

Home Lesson—Week 2: The Holy Rosary

Monthly Year-at-a-Glance

GUIDELINES AND EXPECTATIONS

All families are expected to:

- **attend in-person classes as a family**
 - If you have an extraordinary situation that would prevent your student from receiving Faith Formation this year (family crisis, health condition, etc.), please reach out to discuss possible accommodations.
 - On Family Nights (once per month), **at least one** parent/adult should accompany the student and **be present for the entire session**. There will be family centered, interactive prayer sessions during our times together.
 - If a child has an illness or a conflict with the session, a parent or loving adult should still participate in that month's formation and pick up the home materials for the month.
- **arrive on time for class and be present for the entirety of the session**
 - Excessive tardiness or early dismissal result in missing large segments of the monthly session.
- **stay on track and complete at-home lessons in full**
 - Parents are responsible for completing their at-home lessons provided in the monthly packets, online check ins, and making up missed classes with emailed follow up to classwork (when applicable).
- **be attentive and participate in a positive way**
 - During class time, this means actively listening, asking questions, and contributing to small group discussions. For at-home lessons, this means following instructions and submitting quality work that is your own.
- **show respect to group leaders/catechists, classmates, and parish property**
 - **Cell Phone policy:** Phones, AirPods, and all other personal devices should be silenced and kept away during Family Formation time.
 - **Dress Code:** All adults and students, male and female, are held to the following standards:
 - **Tops** should cover your chest, back, shoulders, sides, and stomach completely.
 - **Bottoms** should extend below your fingertips and not be excessively form-fitting. If wearing leggings, your top should be at least fingertip length.
 - Anything with profane/suggestive images or messages should not be worn.

Meeting these benchmarks for attendance, completion, and participation is required to move forward with your preparation for First Communion and Confirmation.

Failure to follow behavior expectations will first be addressed with a warning. Ongoing or serious issues will merit a family conversation and may result in a permanent dismissal from Faith Formation.

AT-HOME LESSONS

- **Find the lesson for that week.** Complete the reading, activities and questions in each lesson.
- **Complete the Online Quiz for the family** for that lesson. This will be linked in the weekly Flocknote email.
- **When finished, submit your Quiz.** This is required for you to receive credit for completing the lesson. Those families preparing for Sacraments will be required to complete the weekly Quizzes and make-up work from missed in-person classes.

IN-PERSON LESSONS

- **On Family nights,** the assigned lesson will be completed through your attendance and participation in small group discussions.
- **To receive credit, Parents must be present for the entire Family session, sign in correctly, and participate well. If not, they will be asked submit make-up work for class credit.**
- **If absent,** you will be provided a video to watch from the monthly parent session, pick up your physical packet for the month, work through the lessons on your own, and submit the make-up assignment. Those **parents** of families preparing for Sacraments will be required to complete make-up work from missed in-person classes.



Student Agreement

I commit to the following:

- I will approach my journey of faith with an open mind and heart.
- I will stay on track with my at-home sessions and complete all assignments in full.
- I will participate positively in the program, contributing to small group discussions and turning in quality work that is my own.
- I will be respectful to my group leader and show appreciation for their time and effort.
- I will be kind and considerate to those in my class who are on the journey with me.
- **I will take my faith seriously, attending Mass on Sundays and praying often.**

Names

Signatures

Date

Parent Agreement

I commit to the following:

- I will support my student in the Faith Formation by approaching all things with an open mind and heart, bringing them to class, and accompanying them to Family Nights.
- I will attend and arrive on time for in-person sessions.
- I will stay on track with at-home sessions and engaging in conversations about the content to the best of my ability.
- **I will help my student make their faith a priority by bringing them to Mass and praying with/for them.**

Name

Signature

Date