



Sacred Heart Parish

The United Parish Family of Sacred Heart and Saint Joseph

446 Mountain Road ✂ P.O. Box 626 ✂ Suffield, CT 06078

(860) 668-4246 Fax: (860) 668-1337

Email: SacredHeartSuffield1@gmail.com

Follow us on Facebook at Sacred Heart, Suffield 

Website: SacredHeartCT.com

Office Hours: Mon. thru Thurs, 8:30 AM – 2:00 PM

Office Closed on Friday



Mass Times:

Weekends: Saturdays: 4:00pm **Sundays:** 8:30am and 10:30am.

Daily Mass: 8:00AM Monday, Tuesday, Wednesday & Friday (**NO Thursday Mass**)

Holy Day: Please consult the Bulletin.

Sacraments:

Confessions: Saturdays 2:30 - 3:30pm or by appointment.

Baptisms: Sundays after the last Mass. Please call the Rectory to schedule a date.

Holy Matrimony: At least six months of notice should be given to arrange weddings.

Anointing of the Sick Please call the office.

On going devotions:

Weekly Morning Rosary: Tuesdays at 7:30 AM

Adoration of the Blessed Sacrament: Mondays 6 to 7 PM (Fall-Spring 3-4PM), Fridays 7:30 to 8 AM

Rosary: First Sunday of the Month 8:00 AM

Parish Prayer Line: Shc.prayerline@yahoo.com attention Diane.

Parish Staff

Pastor: Fr. Joseph Keough Email: frjfk@aol.com

Administrative Assistant: Jackie Dion email: SacredHeartSuffield1@gmail.com

Religious Education:

860-668-7766 Fax: 860-370-5164

Director: Miss Donna M. Swols email: shc_dre@aol.com (Temporary)

Assistant : Jackie Dion

Directors of Music

Floyd Higgins & Gretchen Collins floydandgretchen@comcast.net

***Please note that neither Fr. J Keough nor any staff member, volunteers, or members of Sacred Heart Parish will ever call or text requesting donations of gift cards online, bitcoin or electronic transfer of funds.**

Please report any suspicious activity to the parish office and/or Suffield Police.

To report an incident of sexual abuse in the Archdiocese, visit our website or the archdioceseofhartford.com

August 9, 2026 Nineteenth Sunday in Ordinary Time

The Tabernacle Candle this week burns in Memory and Honor of **Peter Barnard**.



At the request of his Family

Saturday, August 8

4:00 PM Gloria Ridel

Sunday, August 9

8:30 AM Roy Family

10:30 AM Roland & Sandra Desmarais
Alice Deroche

Monday, August 10

8:00 AM Tom Thayer

6 – 7 PM Holy Hour

Tuesday, August 11

8:00 AM Pamela Garkowski

Wednesday, August 12

8:00 AM Urszula Kos

Thursday, August 13

8:00 AM NO MASS

Friday, August 14

8:00 AM In Thanksgiving on our
50th Wedding Anniversary Dan & Kate Jamroz

Saturday, August 15

9:00 AM Mass for Assumption

4:00 PM Tom Thayer

Sunday, August 16

8:30 AM Harold Butler

10:30 AM Alix Stearns(L)~*Birthday Wishes*

***Apologies for any misspelled names**

Suffield Community Aid Pantry Needs

Soup, Canned Pasta, Cereal, Canned Chili, Canned
Black Beans, Dish Soap, Household Cleaners

Items will be collected August 15th & 16th

Thank you, Sacred Heart Human Needs Ministry♥

Our Weekly Offertory

On **August 2**, **520** members and visitors
worshipped with us at Sacred Heart Parish.

August 2, 2026, Parish Support:

\$6,639.61	Offertory
\$715.69	Online Giving
\$7,355.30	Total

Thank you for your support!



Parish Support made easy: Online giving is always
available (and safe). Visit our website for
information at www.sacredheartct.com or scan
the QR Code in this bulletin for My E-Offertory.
Thank you for your generous support!

SAVE THE DATE

August 14th – 3:30PM Pray Date

August 20th – Jesus Wept Ministry meets 6:00 PM

August 21st – Youth Ministry

September 12th & 13th – Suffield on the Green

September 15th – Our Lady of Sorrows Rosary Devotion

September 18th – Bingo Night

September 19th – 10:00AM Confirmation Ceremony at the
Cathedral of St. Joseph

September 26 & 27 – Sr. Regina, Maranatha Caring Mission Appeal

October 7th–12th – Pilgrimage to Mexico, Our Lady of Guadalupe.

October 10th – CT Catholic Men's Conference

October 18th – Incredible Pancake Breakfast

October 24th – Barn Dance

Bible Study is on break until September.

PARISH REGISTRATION/UPDATE

NAME/s: _____

(Please include all family member names and children's age)

ADDRESS: _____

PHONE #: _____

EMAIL: _____

☐ New Registration ☐ Request Envelopes

☐ Change Address, E-Mail, Phone Number

☐ Moving out of parish.

STATUS: Single, Married, Divorced, Widowed (circle one)

Would you like to receive ENVELOPES: YES NO

You may leave it in the marked basket in the church lobby or
drop it in the mailbox outside the rectory office.

RELIGIOUS EDUCATION NEWS

Summer office hours: By appointment only

Closed holidays and school vacations.

Donna Swols, DRE: shc_dre@aol.com (temporary)

Jackie Dion, Adm. Asst.

Please use voicemail, email, or our handy outdoor mailbox as necessary to conduct Religious Ed business.



JOIN US FOR A SUMMER SOCIAL: Come on over for a SUMMER SOCIAL after Sunday Masses, September 6, 2026, sponsored by the Religious Education program! Stop by Fr. Ted Hall after 8:30am or 10:30am Mass and enjoy a treat or two and take a break from a busy day! See you then!

HUMAN NEEDS MINISTRY members send many thanks to our young parishioners who held backpacks at the exit doors last weekend for our annual Monetary Backpack Collection. Thanks, too, to our parishioners for donations totaling \$1,731 in support of Suffield students who need help in purchasing school supplies for the 2026-27 school year!! Great job!

Jesus Wept Ministry:

This ministry is intended to provide spiritual support, fellowship, and encouragement through faith, sharing, prayer, and Scripture reflection. God is in charge of our healing and will bring it to completion, here or on our way to heaven. Please join us; grief is healing when it is expressed.

Worldwide Marriage Encounter: Nineteenth Sunday in Ordinary Time

◆ Looking for something to liven up your relationship? ◆ Sign up for an upcoming Worldwide Marriage Encounter. The next Encounter dates are listed below. For more dates and info go to wwme.org:

August 28-30, 2026, Holy Family Retreat House, West Hartford, CT

September 18-20, 2026, Huntington Seminary, Huntington, NY

October 6-27 (Virtual), Coastal New England-2 nights a week

Worldwide Marriage Encounter sponsors a variety of in-person and virtual marriage experiences, seven weekdays. Couples explore their relationship with each other, God, and the Church. Registration limited; \$100 application fee. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or wwme.org.

ATTN HIGH SCHOOLERS!!!

Summer is winding down. School is coming back. And before all that kicks in — there's a Friday night, a fire, food, and a new community forming right here at Sacred Heart.

Sacred Heart Parish is launching a brand-new monthly gathering for high school teens — and the very first event is a **Bonfire on Friday, August 22nd at 6:30 PM Sacred Heart Church.**

No program. No lecture. No awkward icebreakers from 2009.

Just a fire, good food, and a real chance to connect with other teens from the parish before the school year begins. This is a place where you actually belong — where you can ask real questions, have honest conversations, and figure out what your life is actually for.

Come once. See if it's for you.

For any questions, reach out to Anthony Mandrola (anthonymandrola@gmail.com)



**Knights of
Columbus®**

Suffield Council # 6281

Anthony Mandrola, Grand Knight

Important Upcoming Dates & Knights News:

- The Suffield Council # 6281 will again be working with the Suffield Rotary Club to host the Annual **Suffield on the Green** weekend. Anyone interested in volunteering to help by working at the Information Booth, handing out train ride tickets, or in some other way on **Saturday, September 12th and/or Sunday September 13th** are asked to contact Brian Kruczek at 203.886.8884 or BK60611@Gmail.com.
- Attention all Suffield Council # 6281 members, come help make the Knights of Columbus booth(s) set up easier for the Annual Suffield on the Green weekend planned for **Thursday, September 10th (meet at church garage at 5:00 p.m.)** and/or take down on **Monday, September 14th (meet at Town Green at 5:00 p.m.)**. Check your recent Council # 6281 emails for access to the SignUpGenius software link to assist with coordination of resources.
- The Suffield Council # 6281 works in support of the Enfield Loaves and Fishes on the **second Sunday of every month**. The next opportunity is **this Sunday, August 9th**. If you are interested in volunteering to serve from 3:30 to 5:00 p.m., please contact Steve Rigby by text at 860.930.2712 for further information on how/when you might be best able to help this summer.

From the Pastor's Desk

This weekend we hear the gospel story of St. Peter's attempt of walking on the water towards Jesus. Imagine the shock of all the apostles in that storm tossed boat seeing Jesus coming across the sea. Peter took the risk that many of us too often pass up. He trusted Jesus enough to take the first step out of the boat. No other human being has ever done this. Peter is often remembered for the faltering steps and his cries for help as he begins to sink.

The first steps toward sainthood may not be comfortable and we may not know where they are leading but before we move our feet, we need to move our hearts and souls in the direction of Jesus Christ. He invites us every day to get out of our situation, whether a storm-tossed boat or a comfortable couch, and simply trust him. Know and trust that he will not only guide you but support you.

We might sink at first, we might get lost for a time but just as he did for Peter, Christ will rescue us, redeem us and bring us safely home to heaven. All we have to do is trust, reach out and be loved.

Have a blessed week!

Fr. Joe Keough



*Feast of the Assumption of our Blessed Mother:
Saturday, August 15: While it is not a "holy day of obligation" this year because it falls on a Saturday, there will be a Mass for the Holy Day at 9:00 AM.
The 4:00 Mass will be the Vigil of Sunday.*

CAN YOU HELP SAVE THE LIFE OF A PRIEST? Fr. Josh Wilbur, a priest of the Archdiocese of Hartford is in desperate need of a liver donor (yours will grow back). He is a young pastor currently serving in Oxford, CT at St Thomas the Apostle Parish. Fr. Josh has a rare liver disease and is in the "end stage" unless a donor is found. For more information on how you could help (ages 22-55) please visit www.frjoshwilbur.com Whether you can donate a liver or not, please keep Fr. Josh in your prayers!

Are you interested in becoming a Catholic? Are you an adult looking for the sacraments of Baptism/Communion/Confirmation? The process of faith formation for adults will be starting soon. For more information, please contact Fr. Joe at the parish office (after his vacation) or email frjfk@aol.com

Suffield on the Green is coming up soon. You can be part of the BEST booth on the green this year by assisting at our parish booth AKA the Train Station! Sign-up sheets coming soon!

Traveling this summer? Check out the churches near your destination at www.masstimes.org



Sacred Heart Parish First Sunday Rosary

Would you like to lead an upcoming First Sunday Rosary? Any member of the Sacred Heart Family may participate in this spiritual opportunity. To be scheduled to lead a future First Sunday Rosary (prayed at 8:00 before the 8:30 AM Mass), please contact Fr. Joe or Caroline Alexopoulos (alexjr4@cox.net).

*Please keep Our Church clean!
Please put Missaltes & Hymn Books back in their places and
remove any items you may have in your pew. Thank you!*