

Sacred Heart Parish

A Roman Catholic Faith Community



Photo by David Royce

26 Wintonbury Ave., Bloomfield, CT
Website: sacredheartbloomfieldct.com
Email: sacredheartblct@gmail.com
860-242-4142

Served by:

Rev. Stuart Pinette
Pastor

Deacon Robert Barry
Deacon Anthony Nwankwo
Deacon Richard Santos

Doris Battle
Religious Education Coordinator

Rian Grimmer
Music Director/Accompanist

Office hours: 8:30 a.m. to 1:30 p.m.



Liturgical Schedule:

Saturday: 4:30 P.M.
Sunday: 8:00 A.M. and 10:15 A.M.

Daily Mass Schedule
8:00 A.M. (Monday, Tuesday,
Thursday & Friday)

Holy Days:
8 a.m. & 12:10 p.m..

Sacrament of Reconciliation
Saturdays 3:30 P.M.- 4:15 P.M.
or anytime by appointment.

Sacred Heart Parish, Bloomfield

Stewardship: The Gift you have been given, give as a gift (Mt 10:8)

22nd Sunday in Ordinary Time

August 30, 2026

MASS INTENTIONS FOR THE WEEK

Saturday, August 29	22nd Sunday in Ordinary Time
4:30 p.m.	Gladys & Robert Spaulding By Friends at Sacred Heart
Sunday, August 30	22nd Sunday in Ordinary Time
8:00 a.m.	John Cooper By Friends at Sacred Heart
10:15 a.m.	Florence Kragiel By Betty Cronin
Monday, August 31	Weekday
8:00 a.m.	People of the Parish
Tuesday, September 1	Weekday
8:00 a.m.	Vincent Chidozie & Family By Vincent Chidozie
Wednesday, September 2	Weekday
	No morning Mass
Thursday, September 3	St. Gregory
8:00 a.m.	Vincent Jaunai By Anastasia Jaunai
Friday, September 4	Weekday
8:00 a.m.	Anne Wall Eileen Workman
Saturday, September 5	23rd Sunday in Ordinary Time
4:30 p.m.	People of the Parish
Sunday, September 6	23rd Sunday in Ordinary Time
8:00 a.m.	Intention available
10:15 a.m.	John & Elinor Murray By Mary Murray

Adoration

of the
Blessed Sacrament



Join us at 6:00p.m. on Tuesday, September 1st for Adoration and the Rosary. There will also be adoration on Friday, September 4th from 8:30 to 11:00 a.m.

The Power of a Praying Parent

Do you worry about your children or grandchildren? Join us for a four-session retreat to discover the power of a praying parent who creates a sacred space for God in their home.

“Come” (Matt. 14:29).

Morning session offers a light lunch: Wednesday 10-12:30pm [Sept. 23, 30, Oct. 7, 14];

Evening session offers hors d'oeuvres and small plate meal: Saturday 6:15-8:30pm [Sept. 26, Oct. 3, 10, 17].

Location: St Catherine of Siena,
265 Stratton Brook Rd, Simsbury - Russell Hall

Register: Scan the QR code or
contact Judy Kostelni at
kostelni@cua.edu



WALK THE ROSARY!

The first part of our Rosary walk is now in place. Starting by the classrooms where the asphalt meets the gravel, you will find a stone representing the “Our Father”. As you walk to the right and recite the Our Father you will come to the next stone representing “The Hail Mary”. Continue walking along the path, reciting the Hail Mary each time you come to a stone. Once around the path is one decade. Five times around is the rosary!

CHOIR MEMBERS NEEDED

"Sing to the Lord a New Song!"

As seasons turn, our choir once again lifts its voice in praise! We welcome back our faithful singers, and open our arms to new voices. Whether you've sung for years, or simply feel the stirrings of song in your heart, now is the time to join us. Come and be part of our joyful and prayerful ministry. No audition required - just your willing heart, a listening ear, and eager voice! **First Rehearsal: September 9th at 7:00pm, Room 4.**

A Thought for the Day



Deacon Santos

Psalm 63 is the first, or primary choice of Psalms for today's readings. The response that we proclaim is, "My soul is thirsting for you, O Lord my God."

I don't know about you, but I can think of times when my soul certainly was "thirsting for the Lord." Unfortunately, if I'm honest with myself, that is often a rarity. The inner experiences that I would associate with my soul "thirsting for God" such as a strong prayer life that

brings about a personal connection with our loving God, a desire to pour myself into learning about God, or bringing others to God, a trust in God, or even simply a strong inner peace no matter what is staring me down on the path of life are often weak if not just plain lacking altogether.

Now, in all fairness, I'm not sure that I have a deep connection to my soul in the first place. This seems to me to be a strange thought to have in the first place, after all isn't my soul me?

As human beings we are a body soul composite from the moment of our physical conception within our mother's womb. This is one of the things that makes us unique in God's plan. Although angels are rational spiritual beings with brilliant intellects we have both a rational soul and a physical body. We can experience God's love and unity with God on both the physical and spiritual level.

Unfortunately, we also have a wounded nature that creates all kinds of divisions in our lives, even between our body and soul. Instead of existing as a unity, we are at war not only with God and all creation, but also with ourselves on the most intimate level. The Good News is that God, in His perfect love for us, uses this "tension" to draw us to him.

We know when we are not properly ordered within ourselves and toward our Lord. We know that there should be something more. So, how do we get rid of the uneasiness within ourselves and move toward unity both internally and eternally?

There are of course the "big things" that we intellectually know about and are very helpful such as going to Mass not simply because "I have to," but because each time I go is a very personal encounter with God (although making ourselves go because "I have to," can help move me in the direction of "I want to"). Celebrating the Sacrament of Reconciliation, regular prayer and examination of conscience, helping others in their need be it physical, emotional, or spiritual, and more.

There is something that can be very useful to us that we often don't consider and that is to start a "spiritual journal." Along with reflecting on the current state of my inner relationship with God for this day or week and what might have had an impact on it, both for the good and bad, open your mind and heart to hear God's voice and listen to where He might be directing your attention, and please, ask your guardian angel to help you in this process!

Ask yourself to consider times when you felt a very close union to God and consider what was going on in your life at that point in time that led to the connection. This may help you reestablish that deep connection with God. Do the same for your moments of despair, of separation from God, this will help open your eyes to what tends to separate you from God and allow you to "be on the lookout" when you are moving in that direction. Also consider adding your reflections on Scripture or the lives of the saints.

This may take some work, but our relationship with God, others, and yes even ourselves is worth it. You will also be walking the same path of many of the saints such as St. Therese of Lisieux (the Little Flower), St. Faustina Kowalska, St. Catherine of Siena, St. Gemma Galgani, St Ignatius Loyola and others.

PREVIOUS WEEK'S PARISH SUPPORT

Weekly:	\$ 3,881.00
On-Line:	\$ 715.00
Total Received:	\$ 4,596.00
Budgeted:	\$ 5,000.00

*Thank
you!*



POPE LEO ON X

Faith is not something given to us once and for all. Rather, we continually need to rediscover the face of Christ and his Gospel, to enter more deeply into his message and to renew the choices we make in our lives, so that they may be consistent with what we profess. In this way, we can overcome the temptation to think that we already know everything and to reduce faith to mere habit.



Looking for Gardeners
*Help is needed to plant seeds of
Love, Faith, and Hope!*

Be a Volunteer in the Religious Education Program for a Lifetime Experience of Countless Blessings.

Contact Doris Battle for more information: call: 860-655-2097 or email: Doris_battle@hotmail.com

Religious Education programs for grades 1-8 (Confirmation)



Religious Education classes for grades 1 through confirmation will begin the first week of October from 9 to 10 a.m. each Sunday morning. Please feel free to register now. Forms are available on the parish website, at the entrance of the church, or by emailing the parish office: sacredheartblct@gmail.com.



ADULT RELIGIOUS EDUCATION

Would you like to become Catholic?

Do you know someone who would like to become Catholic?

Would you like to be confirmed?

Adult religious education classes will be forming the beginning of October for anyone interested in becoming Catholic (Order of initiation for Adults) and those adults who would like to be confirmed. Please spread the word. For more information, please call or email the parish office.