

MY CONFIRMATION NAME IS...?

Choosing a Confirmation name is a long-standing tradition in the Catholic Church. It is symbolic of a new stage in life, as we see in the Old Testament when Abram becomes Abraham and Jacob becomes Israel. In the New Testament Jesus personally gives Simon his new name of Peter, and later Saul becomes Paul after his conversion from persecutor to disciple.

Confirmation names are usually those of saints who dedicated their lives to serving God and spreading His message of salvation. They are examples to us of how to live as disciples of Christ. They are ordinary people like us but led extraordinary lives by choosing to put Christ first.

Each saint has his or own story to tell. Research the lives of some of the saints. Find one (male or female) who you can identify with—one who you could turn to for encouragement in challenging times. It is the name of this saint that you should choose as your Confirmation name. It will become a symbolism of the next stage in your Catholic journey.

Your Name

Middle Name

Last Name

Confirmation Name: _____

What other saint names did you consider? _____

Brief biography of saint

Who is the saint? _____

Approximate dates of birth and death: _____

Country in which the saint lived and/or worked: _____

Who/What is the saint the patron of? _____

When is the feast day of this saint? _____

Reason for choosing this saint (50-75 words): _____

(continued on back)

What qualities do you admire most about this saint? (50-75 words) _____

What important lesson did you learn from the way this person lived?

What qualities/characteristics do you share with this saint? _____

If you could ask this saint one question, what would you ask? _____

Resources used for your research: _____
