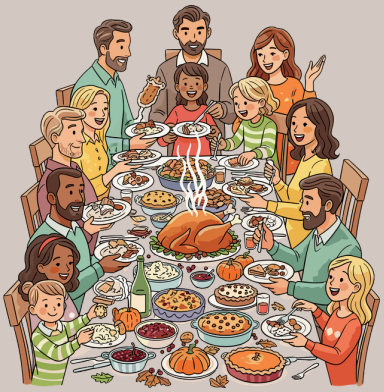
FAMILY ASSIGNMENT: THANKSGIVING: GIVING THANKS TO GOD

For Catholics, Thanksgiving is more than a holiday. It is a special time to remember that all good things come from God and to thank Him for His many blessings.
God has given us so much: our lives, our families, our friends, our faith, our talents, and the love of Jesus. Thanksgiving reminds us to pause, notice these gifts, and thank God for them.



🙏 Gratitude Begins with Recognizing God's Gifts

Being thankful starts with recognizing that many of the blessings in our lives are gifts from God. Some of these gifts are:

- 👨‍👩‍👧‍👦 Our family and friends
- 🏠 Our homes
- 🍞 Food to eat
- ❤️ People who care for us
- 🎁 Our talents and abilities
- ✝️ Our faith and God's love

When we recognize these gifts, our hearts become filled with gratitude and joy.

⛪ The Eucharist:

Our Greatest Prayer of Thanksgiving

The word "Eucharist" means "thanksgiving."
At every Mass, we join Jesus in thanking God the Father for His love and blessings. This is why attending Mass is one of the most important ways Catholics give thanks.
When we celebrate the Eucharist, we remember that *Jesus is God's greatest gift to us.*



Part I:Read Together:

🌟 Giving Thanks in Good Times and Hard Times

Sometimes life is happy and easy. Other times it can be difficult.
Being thankful does not mean pretending that everything is perfect. It means trusting that God is with us no matter what happens. Even during hard times, we can thank God for His love, His presence, and the people who help us along the way.

Part II:

🍂 Family Activity

Thankfulness Tablecloth or Gratitude Tree

Write or draw things you are thankful for on paper leaves or directly on a paper tablecloth. Throughout the day, add more blessings as you think of them. Before dessert, read them together and thank God for His goodness.

PART III:REFLECTION

DISCUSS TOGETHER .

🦃 Ways Families Can Celebrate Thanksgiving

⛪ Attend Mass

Thank God with the Church by participating in the Eucharist.

🍽️ Pray Before Your Meal

Take time to thank God for the food and the people gathered around the table.

🤗 Remember Others

Pray for people who may be lonely, sick, grieving, or in need.

❤️ Share God's Blessings

Donate food, help a neighbor, invite someone to your table, or perform an act of kindness.

🌟 Count Your Blessings

As a family, share something you are thankful for and thank God together.

✨ Remember

A thankful heart sees God's gifts everywhere. Thanksgiving is not just one day each year. It is a way of living, loving, and praising God every day. 🍁🙏💛

Part iV: Family Discussion Questions 💬

Answer on the back of this paper

- What are three things you are thankful for today?
- Who is someone that has helped you this year?
- How have you seen God's love in your life?
- Why is it important to thank God for our blessings?
- How can our family share God's gifts with others this Thanksgiving?
- Is there someone who may need extra kindness or prayers this week?
- What is one way we can show gratitude every day, not just on Thanksgiving?

🙏 Thanksgiving Prayer

Dear God,

Thank You for the gift of our family, our friends, our faith, and all the blessings You give us each day. Help us to notice Your goodness, especially in the simple things. Teach us to be generous with what we have and mindful of those who are in need. May our hearts always be filled with gratitude and praise. Through Christ our Lord. Amen.

"The more we give, the more we receive."

Parent Verification

One thing our family learned: _____

_____

_____

_____

Parent/Guardian Signature:

_____

"The more we give, the more we receive."