













Find what Jesus said about Himself in Matthew 11:29.







Write the first letter of each picture.








“

”

My yoke is easy and My burden is light.



Ages 7+

July 5, 2026 • Matthew 11:25-30

The Easy Yoke



Jesus said, “I praise You, Father, Lord of heaven and earth.”
What else did Jesus say?

Use this code to fill in the blanks.

10	L	Y	B	G	U	J
9	X	H	V	E	P	W
8	O	M	A	C	K	D
7	R	N	S	F	I	T
	1	2	3	4	5	6

“

2,7 1,8 1,8 2,7 4,9 5,8 2,7 1,8 6,9 3,7

6,7 2,9 4,9 3,7 1,8 2,7 4,9 1,9 4,8 4,9 5,9 6,7

6,7 2,9 4,9 4,7 3,8 6,7 2,9 4,9 1,7 3,8 2,7 6,8

2,7 1,8 1,8 2,7 4,9 5,8 2,7 1,8 6,9 3,7 6,7 2,9 4,9

4,7 3,8 6,7 2,9 4,9 1,7 4,9 1,9 4,8 4,9 5,9 6,7

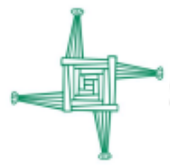
6,7 2,9 4,9 3,7 1,8 2,7 3,8 2,7 6,8

6,7 2,9 1,8 3,7 4,9 6,7 1,8 6,9 2,9 1,8 2,8

6,7 2,9 4,9 3,7 1,8 2,7 4,8 2,9 1,8 1,8 3,7 4,9 3,7

6,7 1,8 1,7 4,9 3,9 4,9 3,8 1,10 2,9 5,7 2,8

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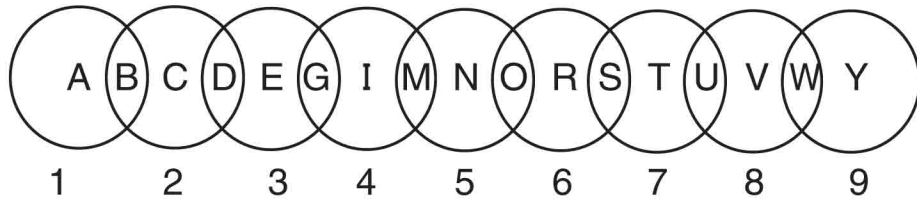
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Sometimes you feel tired.
 Sometimes you feel as if people
 expect too much of you.
 When you feel like this, Jesus has
 some special words for you.

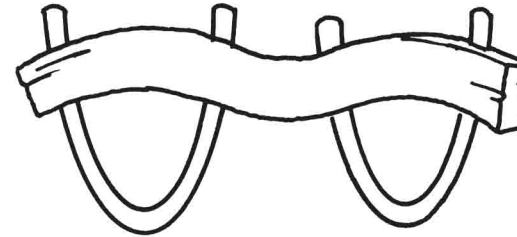
Use the letters in the circles to find Jesus' words.



“ 2 5,6 4,5 3 to 4,5 3, all you
 who are 8,9 3 1 6 9 and
1,2 7,8 6 2,3 3 5 3 2,3, and I will
3,4 4 8 3 you 6 3 6,7 7.”

—Matthew 11:28

Yokes were worn by teams of animals that
 worked together. They shared the load.



Jesus said, “Take My
 yoke upon
 you and learn
 from Me.”

—Matthew 11:29

Circle these words in the puzzle below:
 take, my, yoke, upon, you, and, learn, from, me
 They may be found across, down, diagonally or backward.

