



**The Catholic Foundation
of Central Florida**

Inspire Giving. Fund God's Work.



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Newsletter



**OCTOBER
2026**

Smalls Acts, Lasting Legacies

The Feast Day of **St. Thérèse of Lisieux**, the Little Flower and patron saint of our Vivos Christi Society, began the month of October with a beautiful reminder that even the smallest acts, when done with great love, can have a lasting impact.

St. Thérèse's promise to "spend my heaven doing good on earth" lives on through the generosity of those Vivos Christi Society members who have gone before us. Their legacy gifts have helped build churches and schools, strengthen ministries and support works of charity, creating places where our faith continues to be shared and the needs of our community are met.

This month, we invite you to reflect on the impact your own generosity can have and the legacy of faith and love you hope to leave. We also recognize National Estate Planning Awareness Week (Oct. 19-25) is a fitting time to prayerfully consider your own plans, and we encourage you to take advantage of The Catholic Foundation's

[free estate and legacy planning resources](#) to help you put your wishes and Catholic values into action.



Madelyn T. Weed, CFRE, CAP®

President & CEO

In This Month's Newsletter:

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Philanthropy Moment: What is Stewardship?



In this Philanthropy Moment, Jeannette Eddy CAP, Director of Philanthropy, explores what it means to be a good steward, recognizing all we have as gifts from God. [Watch the full video here.](#)

The Catholic Foundation Receives National Recognition at ICSC



What a meaningful week at the International Catholic Stewardship Council (ICSC) Conference! Members of our team were blessed to gather with Catholic stewardship leaders [Read more...](#)

Monthly Legacy Reflection

What does leaving a legacy mean to you?



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*The Catholic Foundation Welcomes
Elizabeth Oros to the Board of
Directors*



*WPGC Grant Impact Update: Down
Syndrome Association of Central
Florida*



We are pleased to welcome Elizabeth Oros, Financial Advisor with Edward Jones, to The Catholic Foundation's Board of Directors! Elizabeth brings a strong commitment to stewardship, generosity and serving our Catholic community. [Get to know Elizabeth and our Board of Directors.](#)

The Down Syndrome Association of Central Florida, a Women's Philanthropic Giving Circle grant recipient, shares how the grant they received is making a difference in the lives of individuals and families in our community. [Watch their impact update to learn more.](#)



Did You Know?

National Estate Planning Week is the perfect time to meet with an advisor to create or update a plan that is both holy and practical. Our charitable gift advisors at CFOCF are always happy to help you take the first steps.



***Faces of Philanthropy: Meet PGAC
Member Charlie Van Patten***

***Ways to Give: Donor Advised Funds,
Flexible and Simple***



Charlie Van Patten, JD, CAP®, a member of our PGAC and associate attorney with ShuffieldLowman. Charlie is passionate about helping individuals and families align their estate plans with their philanthropic goals. [Read Charlie's Faces of Philanthropy Q&A to learn more.](#)



A Donor Advised Fund (DAF) offers a flexible way to simplify your charitable giving while supporting the causes closest to your heart. Make one contribution, grow your charitable dollars and recommend grants to multiple Catholic or public organizations over time. [Learn more about Donor Advised Funds.](#)

Planning Your Catholic Legacy

Life is Unpredictable. Are You Prepared?

Learn how to create (or update) a plan that aligns with your values and protects your family and your Catholic legacy. Leave a legacy that will be remembered.

October 13, 2026

4:00-6:00PM

Blessed Trinity Catholic Church, Ocala

November 21, 2026

9:00-11:00AM

St. Stephen Catholic Church, Winter Springs

Jan. 31/Feb. 1, 2027

Time TBD

Holy Name of Jesus, Indialantic

Feb. 4, 2027

4:00-6:00PM

Immaculate Conception, Melbourne Beach

RSVP for any of these events by emailing
rcamous@cfocf.org

FREE

- Catholic Estate Attorney Advice on Wills, Trusts, Guardianship and more
- Your Catholic Living Will
- Planning Resources
- Food and Refreshments will be provided

- **Fun Activities:** Explore how to leave behind a legacy rooted in faith and generosity for future generations.
- **Expert Catholic Advice:** Get free estate planning guidance and resources from a Catholic attorney.
- **Charitable Giving Insights:** Learn how no cost charitable gifts can support the Church and ministries close to your heart now and in the future.

"Who is a Christian steward? One who receives God's gifts gratefully, cherishes and tends to them in a responsible and accountable manner, shares them in justice and love with others, and returns them with increase to the Lord"

- Stewardship A Disciple's Response, A Pastoral Letter on Stewardship, USCCB

Scan to hear more from past attendees!



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Supporting Pathways to Care, One Bowl at a Time



The Catholic Foundation was blessed to once again sponsor and participate in Catholic Charities of Central Florida's annual Soup Bowl Supper "Battle of the Bowls". This year's bowl was made by an artist close to our Foundation family, our CEO's daughter, Aurora, whose design earned 2nd place for Most Popular Bowl!

More importantly, funds raised through the Soup Bowl Supper supports Pathways to Care, a Catholic Charities ministry that provides a safe place for individuals experiencing homelessness to heal following a serious illness or

injury.

We are grateful for opportunities like the Soup Bowl Supper that bring our Catholic community together in support of our neighbors in need. [Learn more about the work of Pathways to Care.](#)

CFOCF Trivia:

When is it a good time to meet with an advisor to update your plans?

- A) National Estate Planning Week
- B) Only when you retire
- C) Big life changes
- D) None of the above



Market Highlights from Our Trusted Partner The Concord Advisory Group, Ltd.

"Time- vs. Dollar-Weighted Returns"

SEPTEMBER 2026 MARKET HIGHLIGHTS

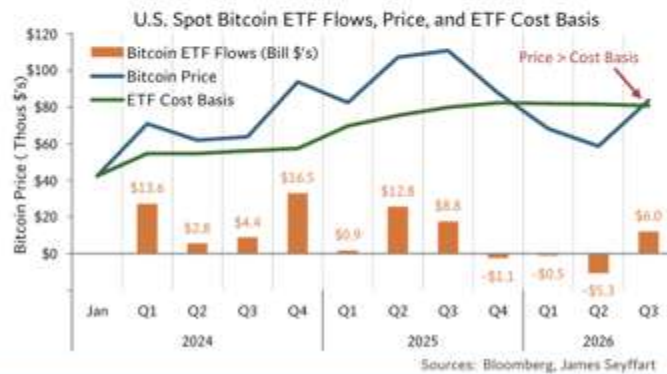
Time- vs. Dollar-Weighted Returns

Time-weighted and dollar-weighted investment returns are easily conflated and sometimes vastly different. Time-weighted returns are the performance of an investment, without consideration of the amount of money invested in the strategy. These are the headline published returns that appear in performance rankings and get fund managers hired and fired. Dollar-weighted returns measure the gains investors truly earned, based on the size and timing of their contributions and withdrawals and the current value of their investment.

In January 2024, spot bitcoin ETFs began trading in U.S. markets. These ETFs hold only bitcoin, which is a volatile virtual asset with no investment income. With no interest or dividends to obscure returns, these ETFs are a great case study to illustrate how much time- and dollar-weighted returns can diverge.

For dollar-weighted returns, the chart displays an estimate of the bitcoin ETF cost basis. The recent rally has pushed the bitcoin price back above the estimated bitcoin ETF cost basis. Comparing the bitcoin market prices against the ETF cost basis is a good proxy for the ETF investors' dollar-weighted returns. While the ETFs' cumulative published returns are 79% since inception, the average ETF investor's return is only a little better than break-even.

New money tends to flow into investments with strong, published returns, often without adequate consideration of current prices. Higher interest rates, volatile energy markets, and surging AI-related investment have driven large moves in securities prices, producing many headline return outliers like 79% for the bitcoin ETFs. However, as the bitcoin ETFs show, chasing strong published returns can turn exceptional time-weighted returns into weak dollar-weighted ones. Investors who weigh trailing performance against price and valuation are likely to have the best dollar-weighted returns.



CONCORD ADVISORY GROUP, LTD.

Time-weighted and dollar-weighted investment returns are easily conflated and sometimes vastly different. Time-weighted returns are the performance of an investment, [Read more...](#)

Share Your Thoughts On This Month's Newsletter



[Learn more about joining the St. Katharine Drexel Society](#)



St. Katharine Drexel is the patron Saint of Philanthropy. The Catholic Foundation of Central Florida strives to emulate her work by enhancing philanthropic impact which serves those who are most in need in nine counties of Central Florida. [here](#).

Our Mission:

To inspire and increase giving, to prudently invest the resources entrusted to us, and to capably steward those charitable gifts to support the spiritual and corporal needs of the community of the Diocese of Orlando.

Returning God's Gifts





Stay Connected With Us Everyday!



The Catholic Foundation is an independent 501(c)(3) nonprofit foundation committed to fostering and stewarding philanthropy to address community issues and meet the spiritual and corporal needs of our community year-round. As a proven trustworthy philanthropic organization to give to and give through, we have received the Guidestar Platinum Seal of Transparency. Fully endorsed by the Diocese of Orlando and its Bishop, we work extensively with Catholic parishes, schools and nonprofit organizations aligned with Catholic social values to help inspire giving and secure resources needed to further their long-term goals.



[The Catholic Foundation of Central Florida, Inc.](#)

50 E. Robinson St., Orlando, Florida 32801