



All Saints Catholic School

*To do justice, and to love goodness, and to walk
humbly with your God.*

Mission Statement

United and nourished by the Word of God and the Eucharist, our culturally diverse Catholic school inspires learning within a nurturing and dynamic environment of academic excellence and Gospel values

The Sentinel Newsletter

September 2, 2026

Principal's Message

I hope that the opening weeks of the school year have gone well for you and your children. It has been wonderful to see the school “settling into routine” and to witness the smiling faces of the students each morning as they begin another day of learning.

This week I wish to highlight a diocesan policy change regarding the grading scale for students in grades 3-8. Effective this year, we are implementing a “ten-point scale” to align with the grading system of the diocesan Catholic high schools. While this change will have little to no impact on most of our students, it is important to note that the threshold for a passing grade will now be 60% rather than 70% as in the past. Subsequently, any grade below 60% will now be an “F” or failing grade.

While it may be perceived that the change appears to represent a lowering of standards, the alignment of the scale to that of the high schools only broadens the grade band for students struggling to demonstrate mastery in their learning. Students performing average or better will be unaffected by this

change. Most importantly, the level of rigor, promotion of excellence by the faculty in the classrooms each day, and the criteria for the honor roll will remain the same.

Next week students in grades 3-7 will begin their first round of standardized testing through NWEA-MAP, an assessment that our school will complete by Friday, September 25. As an adaptive online assessment, the MAP test pinpoints each student's instructional level in reading, language arts, and math. In anticipation of the second and third rounds of testing later this year, the teachers will plan instruction based upon the needs of their students and track their progress as they strive toward their learning goals.

The teachers will post the dates and times of their classroom testing sessions. In support of your child/ren's success on assigned days of MAP testing, please ensure that they report to school on time. Additionally, they will be better able to perform to the best of their ability if they are well rested and have enjoyed a healthy and nutritious breakfast.

We look forward to completing this first round of testing with our students and setting instructional goals for the year ahead. Should you have any questions about MAP testing, please do not hesitate to let us know.

To do justice and to love goodness, and to walk humbly with your God.





SchoolMessenger Emergency Notification ~ Results of Test

Last week's test of the *SchoolMessenger* notification system was a success. In the event that you did not receive messages via phone, text, or email, please contact Mrs. Rodriguez (mrodriguez@allsaintsva.org) so that we may assist you.

Middle School Back-to-School Night (September 10 @ 7:00 p.m.)

Back-to-School Night for parents of students in grades 6-8 will take place on Thursday, September 10 beginning at 7:00 p.m. in the Parish Activities Center. Don't miss what will be an exciting overview of our middle school experience!

Substitute Teacher Opportunities

All Saints is seeking additional substitute teachers for grades Pre-K–8. For information or to request an application, please contact the school office (703-368-4400 or schooloffice@allsaintsva.org).

RUNNING WITH THE SAINTS 5K



- St. Carlo Acutis -

OCT 24 2026

The **Running with the Saints 5K** features a family-friendly atmosphere, Blue Ridge timing for running enthusiasts, musical entertainment, and great prizes!



SCAN TO REGISTER!



Running with the Saints - Save the Date!

Running with the Saints 5K – Event Sponsorship Available

All Saints Catholic School is hosting its annual Running with the Saints 5K on Saturday, October 24. Become a sponsor and take advantage of this opportunity to advertise your business to race participants and families in the All Saints school and parish community. Sponsorship options available for all levels! Learn more about sponsorship by contacting Sara Roberts at RWTS@allsaintsva.org or by visiting allsaintsvaschool.org.

Race registration is now open.

The Running with the Saints 5K race course will start and end at All Saints. This event features a family-friendly atmosphere, Racewire timing for running enthusiasts, musical entertainment, and great prizes! Runners, walkers, and baby strollers welcome; staggered start times. Registration is \$35 for adults / \$25 for youth. Proceeds from this event will benefit All Saints Catholic School. Register today at runsignup.com/Race/VA/Manassas/RunningWithTheSaints5k



New Parent Coffee (September 9)

All new parents, including those who joined our school last year, are invited to attend "Coffee with the Principal" on Wednesday, September 9 beginning at 9:00 a.m. in the Parish Activities Center (PAC). Following a presentation, there will be time for questions

and discussion about our school and its many programs. Plan to attend and meet other new families who have recently joined our community.

New Parent Coffee Registration

- **Virtues in Practice – Year I**

Each month of the school year, our students learn about a particular virtue and are encouraged to incorporate it in their lives. Using the example of saints who serve as exemplars of each virtue, the teachers integrate the monthly theme in the life of their classrooms.

Again, this year, All Saints will use the *Virtues in Practice* program developed by the Nashville Dominicans. To learn more about the program and to access the Parent Guide, please follow the link below.

Virtues in Practice

During the 2026-2027 school year, All Saints will complete the *Year of Hope* (Theme: Study).

Virtue for the Month of September: Hope

Definition: Trusting in God's loving plan

Saints of the Month: St. Joseph (PK-2), St. Elizabeth Ann Seton (Grades 3-5), Sts. Louis & Zelie Martin (Grades 6-8)

A Message from the Child Protection Coordinator

If you are a *new family* or have *not yet completed the Diocese of Arlington's Child Protection requirements*, now is the perfect time to become compliant. Parents and family members who wish to volunteer throughout the school year, including helping in the classroom, chaperoning field trips, assisting with school events, coaching, or participating in other volunteer opportunities—must complete all required Child Protection requirements *before* volunteering.

To become compliant, you must:

- Complete the Background Check
- Sign and Submit the CPS Acknowledgement Form
- Attend the required VIRTUS "Protecting God's Children" training

Ready to get started?

Visit our Child Protection webpage for step-by-step instructions, required forms, registration information, and helpful resources:

<https://allsaintsvaschool.org/parent-resources/virtus-program/>

We encourage you to complete these requirements as early as possible. Waiting until a volunteer opportunity arises may prevent you from participating if your requirements have not been completed and processed.

The safety and well-being of our students is a shared responsibility, and we are grateful for your partnership in creating a safe environment for every child.

If you have any questions or need assistance with the process, please contact Mrs. Viridiana Neri, Child Protection Coordinator, at virtus@allsaintsva.org.

Lunch Menu - September

September 2026

DAILY PRICES: LUNCH ONLY - \$5.00 Whole Milk /Chocolate milk: 65¢ 100% JUICE - 50¢

Mon	Tue	Wed	Thu	Fri
	1 Chili dog OR Hot dog Baked beans Corn on the cob	2 Grilled chicken sandwich OR Ham and cheese sandwich Potato wedges Fresh grapes * Chocolate ice cream cup x sale	3 Pepperoni pizza OR Tuna salad sandwich Caesar salad Fresh watermelon	4 Pasta with meatballs OR Plain buttered pasta Garlic breadstick Broccoli
7 LABOR DAY	8 Chicken nuggets OR Ham and cheese sandwich Mac and cheese Green beans	9 Hot Ham and cheese OR Hot Turkey and cheese (both served on croissant) Tater tots Chilled pineapple * Dorito chips for sale	10 Cheese pizza OR Chicken salad sandwich Garlic breadstick Tossed salad	11 Meatball sub OR Turkey and cheese sandwich Potato chips Fresh oranges
14 Beef tacos OR Chicken quesadilla White rice Black beans Watermelon	15 Chicken Alfredo pasta OR Plain buttered pasta Celery and carrots with Ranch Vanilla yogurt	16 Cheesburger OR Hamburger Baked beans Corn on the cob * Sugar cookies for sale	17 Voccelli's pepperoni pizza OR Tuna salad sandwich Garden salad Watermelon	18 Chicken tacos OR Ham and cheese sandwich White rice Black beans Chilled pineapple
21 Breakfast sandwich: English muffin, Turkey sausage Egg patty Yellow American cheese Tater tots Oranges	22 Nacho Day! Seasoned beef Tortilla nacho Cheddar cheese sauce Cornbread Topping: Lettuce and salsa	23 Chicken patty sandwich OR Ham and cheese sandwich Potato wedges Chilled peaches * Chocolate chip cookies for sale	24 Cheese pizza OR Chicken salad sandwich Caesar salad Vanilla yogurt w/ oreo	25 Pasta with Marinara sauce OR Plain buttered pasta Garlic bread Broccoli
28 PROFESSIONAL DEVELOPMENT DAY	29 Pancake w/Syrup Turkey sausage Scrambled egg Oranges	30 Italian OR American Sub Pickles Potato chips Pineapple *Brownie for sale		

*Grades 3-8 ONLY—Extra entrée may be ordered for \$3.00 charged to lunch account.
Salads are available for purchase daily as an entrée.
Side items (Potato chips, cookies, fruit, etc.) will be sold on a specific day in the week for 75¢



CYO registration is now open for 2026 Boys and Girls Fall Cross Country and Track & Field.

Deadline extended to September 26th.

- Boys and Girls from both the Parish and the School in 3rd-8th Grade are eligible to participate.
- Practices will be on Wednesdays 5-6:15 PM at the Pennington Track and on Saturdays 8:00-9:15 AM at the Manassas Battlefield. You can still register after practices begin through September 5th.
- The Fall Track Meet will be on October 10. The Cross Country Meets will be on September 19, October 17, and November 7.
- Cost is \$20 per participant per team.
- If you have any questions, please email Hank Konstanty, Commissioner for Cross Country and Track & Field, at hkonstanty@gmail.com, and Kevin Sullivan, Assistant Commissioner for Cross Country and Track & Field, at kevin4sullivan@gmail.com

[Click here to register](#)

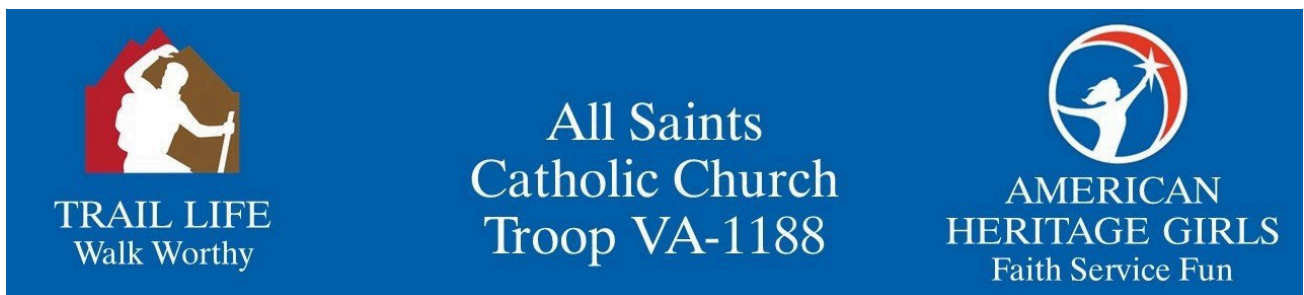
Registration for the 2026-2027 Boys and Girls CYO Basketball season is open from September 14th through October 12th

- Boys and Girls from both the Parish and the School in 3rd-8th Grade are eligible to participate.
- Practices are one weeknight a week in the All Saints Gym and start November 2nd.
- Games are on Saturdays and Sundays throughout the Diocese. Sunday games start after noon.
- There will be 2-3 preseason games in December. Regular season games take place in January and February 2027
- The cost is \$75 per player
- There will be a preseason skills clinics on Sunday, October 18th and 25th, where you will meet your team and coach. Schedule to be announced.
- All Saints CYO relies on the volunteerism of parents and members of our All Saints community. We are still seeking head and assistant coaches for some grades, especially for 3rd grade. Please email Laurie Short, CYO Basketball Commissioner, at glshort1@comcast.net. If you are interested in coaching, you must be certified for Diocesan child protection (including VIRTUS™) before

working with participants. If you are not VIRTUS certified, please let us know and we can help you complete the process.

For general questions please email jcyosports@allsaintsva.org

Financial Assistance: No child will be denied the opportunity to participate because of financial need. Families seeking assistance are encouraged to contact sportsdirector.cyo@allsaintsva.org to discuss available options.



Dear All Saints School Families,

Thank you to all the families who came out and visited us at our open house last week! It was a lot of fun, and we hope to see you again in the future!

If you missed it, let us introduce ourselves. Trail Life Troop 1188 and American Heritage Girls Troop 1188 are Christ-centered programs focused on helping young men and women grow in faith, character, leadership, and integrity. Through hands-on activities, outdoor adventures, life skills, and service, our programs provide opportunities for children to learn, grow, and develop lasting friendships while encouraging them in their faith and walk with Christ.

Our program is unique in that we take a family-centered approach to scouting. Both troops meet at the same time and hold many joint events throughout the year. This allows families to participate together rather than being split between two different groups, making it easier for parents to be involved in their children's activities.

Both programs are ministries of All Saints Catholic Church and are open to boys and girls from Kindergarten through 12th grade.

To learn more about either program, please visit our website below:

<https://allsaintsscouting.org/>

To join us, please email us at TL@AllSaintsVA.org & AHG@AllSaintsVA.org so we can plug you into what's happening in the troop and get you onboarded.

We look forward to hearing from you soon!

- All Saints Scout Troop 1188

Upcoming Events

Wednesday, September 2

Faculty Meeting (3:30-5:00 p.m.)

PTO Executive Committee Meeting (PAC Atrium/7:00 p.m.)

Thursday, September 3

Back-to-School Night (Grades 1-5) & PTO General Assembly Meeting (PAC/7:00 p.m.)

Friday, September 4

School Mass (8:30 a.m.)

Monday, September 7

Holiday – Labor Day

Tuesday, September 8

Standardized Testing (NWEA MAP – Grades 3-7) Begins

Band Parent Meeting & Registration (Music Room/6:45 p.m.)

Wednesday, September 9

New Parent Coffee (PAC/9:00 a.m.)

Enrollment Management Team Meeting (PLC/5:00 p.m.)

Thursday, September 10

Middle School Night (PAC/7:00 p.m.)

Friday, September 11

School Mass (8:30 a.m.)

Monday, September 14

Confessions – Grades 6 – 8 (10:00 a.m.)

Tuesday, September 15

Band Lessons Begin

Wednesday, September 16

Confessions – Grades 3 - 5 (10:00 a.m.)

Room Liaisons Meeting (PAC Atrium/7:00 p.m.)

Thursday, September 17

School Mass – Memorial: St. Hildegarde of Bingen (8:30 a.m.)

PTO Helping Hands (PAC/9:00 a.m. – 3:00 p.m.)

8th Grade Parent Meeting (PAC/7:00 p.m.)

Thursday, September 24

School Health Fair (PAC/3:30 – 6:00 p.m.)

Friday, September 25

School Mass (8:30 a.m.)

6th Grade Field Trip – The EDGE

Monday, September 28

Holiday (Diocesan Professional Development Day)