



All Saints Catholic School

*To do justice, and to love goodness, and to walk
humbly with your God.*

Mission Statement

United and nourished by the Word of God and the Eucharist, our culturally diverse Catholic school inspires learning within a nurturing and dynamic environment of academic excellence and Gospel values

The Sentinel Newsletter

September 9, 2026

Principal's Message

This week I wish to provide a status update regarding two of the safety/security initiatives that were announced in the summer newsletter.

The renovation of the school office and lobby is now complete with only the final details related to trim and painting remaining. As you enter the school lobby, you will now notice that the office is glass-enclosed with two transaction windows.

As we adjust to this new configuration, there will be a few minor modifications to the process for signing in and out at the front desk. These will be short-term efforts as we work to complete the testing of our new electronic visitor management system. Prior to the roll-out of that system, I will provide additional information related to the new procedures as well as an FAQ page.

Thank you for your patience as we bring these projects to completion and implement new workflows for the front office. Once again, I wish to thank Monsignor Lee and the members of the Parish Facilities Committee for their

support of these efforts and the parish at-large for their generosity which has made these projects feasible for our school, the result of which will be an entrance and lobby with significantly enhanced security features.

This week we begin NWEA Map Testing for students in Grades 3-7, a process that will be completed by September 25. Remember to look for details from the teachers regarding the dates and times of test sessions so that you can ensure that your children arrive to school on time, well rested, and ready to put forth their best effort in support of this important assessment.

To do justice and to love goodness, and to walk humbly with your God.



School Wellness Fair (September 24)

Fall brings welcome cooler weather and unwelcome colds and viruses. Visit our Wellness Fair for health and wellness tips.

Although our days are busy, it is important to recognize the significance of our health in our daily lives. On Thursday September 24, from 3:30-6pm, the school will host a Wellness Fair in the Parish Activity Center (PAC). We will have several vendors all under the same roof:

- Starlight Smiles Pediatric Dentistry
- Paper Pie Books (formerly Usbourne Books) providing book sales of health, science, fiction, and nonfiction books
- Mental health awareness table, with a representative from a local counseling center .
- Manassas City Fire Dept. will be present to answer questions about proper car seat installation.
- All Saints PTO will be ready to answer any questions about the great events we host for the fall and winter, as well as have examples of healthy snacks for the school day.
- House of Mercy will be highlighting their community resources: basic needs, employment, healthcare, etc. House of Mercy will also have a donation box for some of their most needed health care items to support the hundreds of families they serve: laundry detergent, shampoo, deodorant, toothpaste, toothbrushes, and toilet paper.

Thank you to all the families that plan to come and participate in our first multi-vendor Wellness Fair!

Middle School Back-to-School Night (September 10 @ 7:00 p.m.)

Back-to-School Night for parents of students in grades 6-8 will take place on Thursday, September 10 beginning at 7:00 p.m. in the Parish Activities Center. Don't miss what will be an exciting overview of our middle school experience!

Substitute Teacher Opportunities

All Saints is seeking additional substitute teachers for grades Pre-K–8. For information or to request an application, please contact the school office (703-368-4400 or schooloffice@allsaintsva.org).

A Message from the Child Protection Coordinator

If you are a new family or have not yet completed the Diocese of Arlington's Child Protection requirements, now is the perfect time to become compliant. Parents and family members who wish to volunteer throughout the school year, including helping in the classroom, chaperoning field trips, assisting with school events, coaching, or participating in other volunteer opportunities—must complete all required Child Protection requirements before volunteering.

To become compliant, you must:

- Complete the Background Check
- Sign and Submit the CPS Acknowledgement Form
- Attend the required VIRTUS "Protecting God's Children" training

Ready to get started?

Visit our Child Protection webpage for step-by-step instructions, required forms, registration information, and helpful resources:

<https://allsaintsvaschool.org/parent-resources/virtus-program/>

We encourage you to complete these requirements as early as possible. Waiting until a volunteer opportunity arises may prevent you from participating if your requirements have not been completed and processed.

The safety and well-being of our students is a shared responsibility, and we are grateful for your partnership in creating a safe environment for every child.

If you have any questions or need assistance with the process, please contact Mrs. Viridiana Neri, Child Protection Coordinator, at virtus@allsaintsva.org.

September 2026

DAILY PRICES: LUNCH ONLY - \$5.00 Whole Milk /Chocolate milk: 65¢ 100% JUICE - 50¢

Mon	Tue	Wed	Thu	Fri
	1 Chili dog OR Hot dog Baked beans Corn on the cob	2 Grilled chicken sandwich OR Ham and cheese sandwich Potato wedges Fresh grapes * Chocolate ice cream cup x sale	3 Pepperoni pizza OR Tuna salad sandwich Caesar salad Fresh watermelon	4 Pasta with meatballs OR Plain buttered pasta Garlic breadstick Broccoli
7 LABOR DAY	8 Chicken nuggets OR Ham and cheese sandwich Mac and cheese Green beans	9 Hot Ham and cheese OR Hot Turkey and cheese (both served on croissant) Tater tots Chilled pineapple * Dorito chips for sale	10 Cheese pizza OR Chicken salad sandwich Garlic breadstick Tossed salad	11 Meatball sub OR Turkey and cheese sandwich Potato chips Fresh oranges
14 Beef tacos OR Chicken quesadilla White rice Black beans Watermelon	15 Chicken Alfredo pasta OR Plain buttered pasta Celery and carrots with Ranch Vanilla yogurt	16 Cheeseburger OR Hamburger Baked beans Corn on the cob * Sugar cookies for sale	17 Vocelli's pepperoni pizza OR Tuna salad sandwich Garden salad Watermelon	18 Chicken tacos OR Ham and cheese sandwich White rice Black beans Chilled pineapple
21 Breakfast sandwich: English muffin, Turkey sausage Egg patty Yellow American cheese Tater tots Oranges	22 Nacho Day! Seasoned beef Tortilla nacho Cheddar cheese sauce Cornbread Topping: Lettuce and salsa	23 Chicken patty sandwich OR Ham and cheese sandwich Potato wedges Chilled peaches * Chocolate chip cookies for sale	24 Cheese pizza OR Chicken salad sandwich Caesar salad Vanilla yogurt w/ oreo	25 Pasta with Marinara sauce OR Plain buttered pasta Garlic bread Broccoli
28 PROFESSIONAL DEVELOPMENT DAY	29 Pancake w/Syrup Turkey sausage Scrambled egg Oranges	30 Italian OR American Sub Pickles Potato chips Pineapple *Brownie for sale		

*Grades 3-8 ONLY—Extra entrée may be ordered for \$3.00 charged to lunch account.
Salads are available for purchase daily as an entrée.
Side items (Potato chips, cookies, fruit, etc.) will be sold on a specific day in the week for 75¢

RUNNING WITH THE SAINTS 5K



- St. Carlo Acutis -

OCT
24
2026

The **Running with the Saints 5K** features a family-friendly atmosphere, Blue Ridge timing for running enthusiasts, musical entertainment, and great prizes!



SCAN TO REGISTER!



Running with the Saints - Save the Date!

Running with the Saints 5K – Event Sponsorship Available

All Saints Catholic School is hosting its annual Running with the Saints 5K on Saturday, October 24. Become a sponsor and take advantage of this opportunity to advertise your business to race participants and families in the All Saints school and parish community. Sponsorship options available for all levels! Learn more about sponsorship by contacting Sara Roberts at RWTS@allsaintsva.org or by visiting allsaintsvaschool.org.

Race registration is now open.

The Running with the Saints 5K race course will start and end at All Saints. This event features a family-friendly atmosphere, Racewire timing for running enthusiasts, musical entertainment, and great prizes! Runners, walkers, and baby strollers welcome; staggered start times. Registration is \$35 for adults / \$25 for youth. Proceeds from this event will benefit All Saints Catholic School. Register today at runsignup.com/Race/VA/Manassas/RunningWithTheSaints5k



CYO registration is now open for 2026 Boys and Girls Fall Cross Country and Track & Field. Deadline extended to September 26th.

- Boys and Girls from both the Parish and the School in 3rd-8th Grade are eligible to participate.

- Practices will be on Wednesdays 5-6:15 PM at the Pennington Track and on Saturdays 8:00-9:15 AM at the Manassas Battlefield. You can still register after practices begin through September 5th.
- The Fall Track Meet will be on October 10. The Cross Country Meets will be on September 19, October 17, and November 7.
- Cost is \$20 per participant per team.
- If you have any questions, please email Hank Konstanty, Commissioner for Cross Country and Track & Field, at hkonstanty@gmail.com, and Kevin Sullivan, Assistant Commissioner for Cross Country and Track & Field, at kevin4sullivan@gmail.com.

<https://reg.sportspilot.com/106526/leagues>

Registration for the 2026-2027 Boys and Girls CYO Basketball season is open from September 14th through October 12th

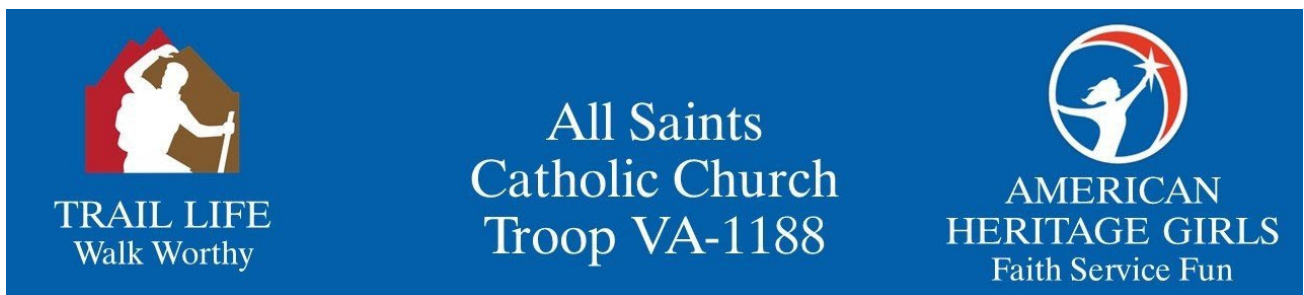
- Boys and Girls from both the Parish and the School in 3rd-8th Grade are eligible to participate.
- Practices are one weeknight a week in the All Saints Gym and start November 2nd.
- Games are on Saturdays and Sundays throughout the Diocese. Sunday games start after noon.
- There will be 2-3 preseason games in December. Regular season games take place in January and February 2027
- The cost is \$75 per player
- There will be a preseason skills clinics on Sunday, October 18th and 25th, where you will meet your team and coach. Schedule to be announced.
- All Saints CYO relies on the volunteerism of parents and members of our All Saints community. We are still seeking head and assistant coaches for some grades, especially for 3rd grade. Please email Laurie Short, CYO Basketball Commissioner, at glshort1@comcast.net. If you are interested in coaching, you must be certified for Diocesan child protection (including VIRTUS™) before

working with participants. If you are not VIRTUS certified, please let us know and we can help you complete the process

<https://reg.sportspilot.com/106526/leagues>

For general questions please email jcyosports@allsaintsva.org

Financial Assistance: No child will be denied the opportunity to participate because of financial need. Families seeking assistance are encouraged to contact sportsdirector.cyo@allsaintsva.org to discuss available options.



Dear All Saints School Families,

Thank you to all the families who came out and visited us at our open house last week! It was a lot of fun, and we hope to see you again in the future!

If you missed it, let us introduce ourselves. Trail Life Troop 1188 and American Heritage Girls Troop 1188 are Christ-centered programs focused on helping young men and women grow in faith, character, leadership, and integrity. Through hands-on activities, outdoor adventures, life skills, and service, our programs provide opportunities for children to learn, grow, and develop lasting friendships while encouraging them in their faith and walk with Christ.

Our program is unique in that we take a family-centered approach to scouting. Both troops meet at the same time and hold many joint events throughout the year. This allows families to participate together rather than being split between two different groups, making it easier for parents to be involved in their children's activities.

Both programs are ministries of All Saints Catholic Church and are open to boys and girls from Kindergarten through 12th grade.

To learn more about either program, please visit our website below:

<https://allsaintsscouting.org/>

To join us, please email us at TL@AllSaintsVA.org & AHG@AllSaintsVA.org so we can plug you into what's happening in the troop and get you onboarded.

We look forward to hearing from you soon!

- All Saints Scout Troop 1188

Upcoming Events

Thursday, September 10

Middle School Night (PAC/7:00 p.m.)

Friday, September 11

School Mass (8:30 a.m.)

Monday, September 14

Confessions – Grades 6 – 8 (10:00 a.m.)

Tuesday, September 15

Band Lessons Begin

Wednesday, September 16

Confessions – Grades 3 - 5 (10:00 a.m.)

Room Liaisons Meeting (PAC Atrium/7:00 p.m.)

Thursday, September 17

School Mass – Memorial: St. Hildegard of Bingen (8:30 a.m.)

PTO Helping Hands (PAC/9:00 a.m. – 3:00 p.m.)

8th Grade Parent Meeting (PAC/7:00 p.m.)

Thursday, September 24

School Health Fair (PAC/3:30 – 6:00 p.m.)

Friday, September 25

School Mass (8:30 a.m.)
6th Grade Field Trip – The EDGE

Monday, September 28
Holiday (Diocesan Professional Development Day)

Thursday, October 1
Faculty Meeting (Art Room/3:30 p.m.)

Friday, October 2
School Mass – Memorial of The Holy Guardian Angels (8:30 a.m.)
Priests' Barbeque (11:00 a.m. – 1:00 p.m.)

Saturday, October 3
Parish Blessing of the Animals (10:00 a.m.)

Monday, October 5
The Gift of Human Sexuality Middle School Parent Presentation (Zoom/7:00 p.m.)

Wednesday, October 7
School Mass – Memorial of Our Lady of the Rosary (8:30 a.m.)
PTO Executive Committee Meeting (PAC Atrium/7:00 p.m.)

Thursday, October 8
SCA Installation Ceremony (PAC/1:30 p.m.)
Enrollment Management Team Meeting (PLC/5:00 p.m.)

Friday, October 9
Used Uniform Sale (PAC Atrium/8:00 – 10:00 a.m.)