

CONFIRMATION YEAR 2 SESSIONS for 2026-2027

Monday, Sept. 28, 2026 **SESSION 2: Who Is Jesus Christ? What Is the Church? Choosing a Confirmation Name and Saint**

6:00 Meet in the cafeteria. Open with the Prayer to the Holy Spirit.

6:05 Take attendance.

6:10 Quick Review:

- Who are you? **Candidates to receive the Sacrament of Confirmation on March 14, 2027.**
- Why are you here? To increase your openness to the Holy Spirit by
 - 1) Developing your prayer life.
 - 2) Increasing your knowledge of God, love of God, and your trust in Him.
 - 3) Exploring ways that God may be calling you to serve Him.

6:15 Watch videos 1.1 and 1.2 (back-to-back) from *Chosen*, Lesson 1:.

When Chris said, “What are you looking for?” what is the first thing that came to your mind?
What other things come to mind?

A solid career? Travel and adventure? Wealth and security? Happiness?
To make a difference? Belonging? Fame? Deep meaning? Entertainment?
Marriage and children? Priesthood or religious life? A peaceful life?

*Please fill in page 3 in your student workbook: **My Personal Goals (What I Want Out of Life)***

6:30 Chosen, Lesson 2: Watch Video 2.3

Objectives of This Lesson

1. *Explain that what the world offers in terms of bringing us happiness will always fall short of our desires.* Our culture identifies success with fame, power, and wealth, yet many who achieve these things are unhappy.
2. *Discuss the statement, **We are all looking for God and are empty until we find him.*** Though not everyone knows it, the search for God is our most pressing need (after we have satisfied our physical needs). The rational human soul is always reaching for the transcendent (see Psalm 42:1-2 and CCC 27–28).
3. *Extend Jesus’ invitation to “come and see.”* The *kerygma*, or core message of Christianity, answers our heart’s deepest longing as well as our most fundamental questions about life: “What is the meaning of life, and what comes after death?” In response, the Savior always offers a singular invitation: “Come and see” (John 1:39). He is the answer (see CCC 158).

6:40 **Reflection Questions: Think – Pair – Share**

- Who is the happiest person you know? Why do you think he or she is so happy? (Discussion)

6:50 10-Minute Break: Bathroom / Check your phone

7:00 **Jesus said:**

“If you remain in me and my words remain in you, ask for whatever you want and it will be done for you. By this is my Father glorified, that you bear much fruit and become my disciples. As the Father loves me, so I also love you. Remain in my love. If you keep my commandments, you will remain in my love, just as I have kept my Father’s commandments and remain in his love. I have told you this so that my joy may be in you and your joy may be complete” (John 15:7-11)

What does this mean? (Discussion)

Who is Jesus? Is He really the Son of God, the Second Person of the Holy Trinity?

Did Jesus really rise from the dead after being brutally murdered? How do you know?

Can it be proven beyond a shadow of doubt by modern science? ABSOLUTELY!

7:05 Read together “Building Block of the Catholic Faith #1: The Shroud of Turin
<https://kathleenalfordauthor.com/2026/04/25/building-block-of-the-catholic-faith-1-the-shroud-of-turin/>

7:10 **Jesus said:** “And so I say to you, you are Peter, and upon this rock I will build my church,* and the gates of the netherworld shall not prevail against it” (Matthew 16:18).

Jesus also said:

“I am the Good Shepherd, and I know mine and mine know me, just as the Father knows me and I know the Father; and I will lay down my life for the sheep. I have other sheep* that do not belong to this fold. These also I must lead, and they will hear my voice, and there will be one flock, one Shepherd” (John 10:14-16)

7:15 Please answer the following questions in your dialogue journal:

- 1) *Are you surprised that there is scientific evidence of Jesus’ resurrection from the dead?*
- 2) *How do you think you would have reacted to His resurrection on Easter Sunday, if you had seen him crucified and stabbed through the heart on Friday?*
- 3) *Which Mass do you usually attend on Saturday night or Sunday?*

Then ask me a question, and I will write you back! 😊

Homework:

- 1) Check out this LifeTeen article, “Biggest and Best List of Confirmation Names (Guys and Girls)” at <https://lifeteen.com/biggest-best-list-confirmation-saints-guys-girls/>.
- 2) Do you have a Bible of your own at home? If so, please bring it with you next week.

7:25 Put your lanyard back inside your dialogue journal. Leave your lanyard, journal, and textbook on the desk. Close with prayer. Dismiss at 7:30.