

CONFIRMATION YEAR 2 SESSIONS for 2026-2027

Monday, Oct. 19, 2026 **SESSION 4: The Seven Sacraments**

6:00 Meet in the cafeteria. Please sit where your lanyard, workbook, and dialog journal have been placed. Attendance will be taken by roll call.

6:05 Open with the Prayer to the Holy Spirit.

6:10 Quick review:

- Who are you? **Candidates to receive the Sacrament of Confirmation on March 14, 2027.**
- Why are you here? To increase your openness to the Holy Spirit by
 - 1) Developing your prayer life.
 - 2) Increasing your knowledge of God, love of God, and your trust in Him.
 - 3) Exploring ways that God may be calling you to serve Him.
- God reveals Himself to us through creation and through natural reason. Both Sacred Tradition and Sacred Scripture form the deposit of faith, God's revelation to us. The greatest divine revelation is Jesus Christ.
- Why did Jesus come to earth as the Second Person of the Blessed Trinity?
 - 1) To witness to the Truth that we are loved by God.
 - 2) To give His life as a ransom for our sins.
 - 3) To start the Catholic Church, the Body of Christ on Earth.
- The four marks of the Church are: one, holy, catholic, and apostolic. The teaching authority of the Church is call the Magisterium. The Bible is a collection of 73 books.

6:15 Introduce the upcoming All Saints Wax Museum, where you will teach the parish about your chosen Confirmation saint on Sunday, November 22, 2026:

- In-person examples: Saint George the Dragon Slayer and St. Catherine of Alexandria.
- Examples of objects and the three poses.
- Look through the workbook at some of the saints whose lives are portrayed there.

6:30 Defend the Faith: Defend the Truth! Contest.

- Ask 10 Questions from the Friendly Defenders, Decks 1 and 2.
- Declare the winners and award prizes.

6:45 Lesson 7 in your workbook: "The Four Last Things," p. 55-64.

- Read together p. 63 about Heaven, Hell, Judgment, and Purgatory.
- Watch the video from Father Mike Schmitz on "[The Lesser-Known Last Judgment.](#)"

6:55 **10-Minute Break: Bathroom / Check your phone.**

7:05 Lesson 8 in your workbook: "How Do I Get There?" p.65-74. Turn to page 67, *Watch It!*

- Video Segment 1: The Gift of Grace
- Video Segment 2: What Is a Sacrament?
- Video Segment 3: The Seven Sacraments
- Discussion + Dialogue Journal:
 - 1) Did you tape your Morning Offering to your mirror?
 - 2) What did you learn about the Four Last Things that you didn't know before?

7:20 Choosing a Confirmation Sponsor: A Confirmation sponsor is a special person who, by their example, demonstrates how to live our Catholic faith every day. The sponsor should be someone significant in your life...someone you trust, whose faith you admire, and who will be there to help you develop a deeper relationship with Jesus. Choose a person who will not only listen as you share this faith journal but will also speak about how they live out their own Catholic faith. Many choose one of their baptismal godparents. Being a sponsor is not just an honor. The sponsor must be an active practicing Catholic who can be a role model for you. They live a life that reflects the teaching of Jesus Christ.

WHO CAN BE A SPONSOR: (in accord with Canon Law 874)

1. **A Sponsor cannot be a parent of the child to be confirmed.**
2. **A Sponsor must be at least 16 years old.**
3. **A Sponsor must be fully initiated in the Catholic Church: one who has received the sacraments of Baptism, Eucharist, and Confirmation.**
4. **A Sponsor must be in good standing with the Catholic Church:**
 - a. **If married must be married in the Catholic Church and living accord with Church teaching.**
 - b. **If single, must be living according to Church teaching.**
 - c. **Catholics who were married by a Justice of the Peace, at another Christian church without special permission, and those cohabiting do not meet the requirements of this role.**
5. **A Sponsor must be a practicing Catholic: attending Mass on Sunday and Holy Days of Obligations and regularly receive the sacraments of Holy Communion and Reconciliation.**

Homework:

1. Print out a picture of your Confirmation saint and bring it to class on Nov. 9th. Write down when and where your saint lived, what your saint is the patron of, and for what your saint is best known.
2. Talk with your parents about possible choices for your Confirmation sponsor.

7:25 Close with the Glory Be prayer.

7:30 Dismissal.
