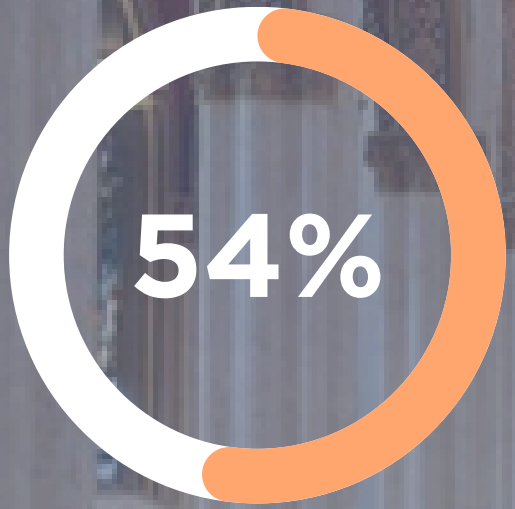
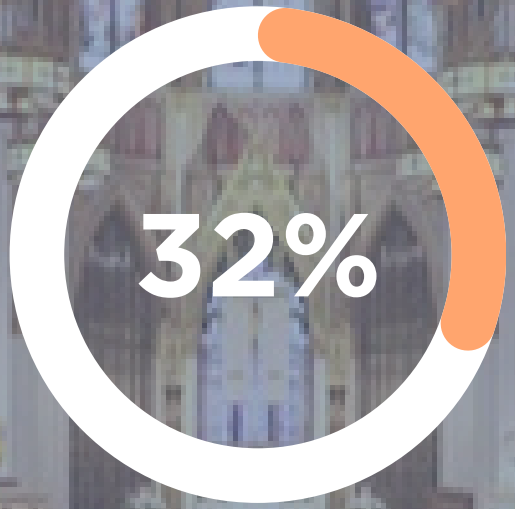

NEW HORIZON
LEADERSHIP FORMATION
ECHO
COMMUNITY

YOUNG ADULTS IN THE U.S.A.

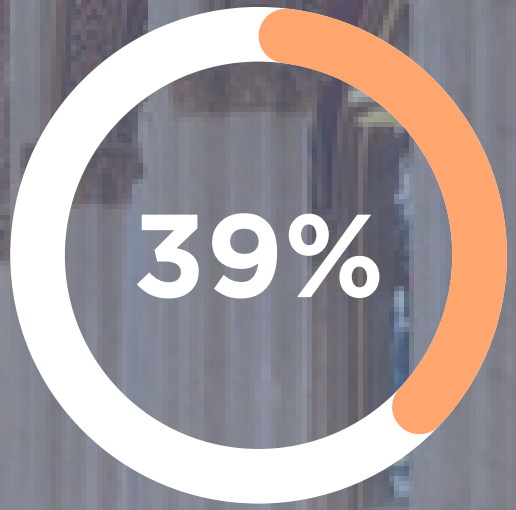
AGES 18-35



"Dropped Out" of Regular Church Attendance*



Secure in My Identity



Sad or Depressed

"[This] generation is looking for the Church to provide real, tangible, meaningful opportunities for development... They want the church to be a laboratory of leadership, not just a place for spirituality. They want their faith to intersect the realities of life and, as budding Christian leaders, they want to address real life issues."

David Kinnaman, CEO of Barna Group

*Young Adults who either grew up Christian and no longer affiliate with the Church or still identify as Christian but attend a place of worship infrequently (less than every few months)

https://barna.gloo.us/reports/connected-generation-u.s.-section-2

WHO WE ARE

Since 2002, Echo Community has offered teenagers, young adults, and married couples life changing experiences through our retreats. Thousands have been introduced to the life changing teachings of St. Pope John Paul II's Theology of the Body because of these impactful experiences.

Now, through discernment and docility to the Holy Spirit, Echo Community is growing to reach young adults not only through "mountain top" experiences offered in Echo Retreats but through regular and fruitful opportunities spearheaded by our new Young Adult Outreach. The growing crisis of identity for young adults deserves an honest and clear response. The New Horizon Leadership Formation Program does just that.

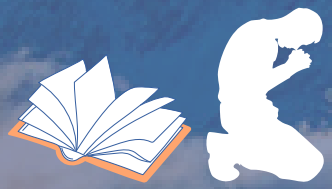
ECHO
COMMUNITY

MEETING A NEED

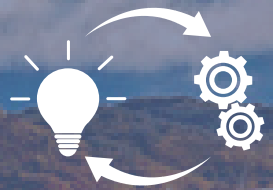
For decades the degradation and pulverization of the human person has left generations lost and in desperate need of direction and clarity. Men and women do not only lack understanding of who they are, but also *whose* they are. The Young Adult Outreach of Echo Community is partnering with Catholic parishes, dioceses, and other organizations to form young adults as Mature Christian Disciples. Through our new integrated leader formation program, we aim to remind young adults of who they are and to show them a life fully alive and truly free.

Phase 1

FORMATION



INTEGRATION



COMMUNITY



Phase 2



SEND



SUPPORT



EVANGELIZE

HUMAN FORMATION

THE FIRST PILLAR

Anchored in the teachings of Pope St. John Paul II's Theology of the Body,
young adults will become rooted in the truth of their identity as sons and daughters of God.
This leads to pursuing authentic love and sexuality in true freedom.
As they experience the truth of who God created them to be, they will begin building the necessary foundations of mature Christian discipleship.

RECEIVE

- RELATIONSHIP AND IDENTITY
- ANTHROPOLOGY: THEOLOGY OF THE BODY
- AUTHENTIC MASCULINITY & FEMININITY

SPIRITUAL FORMATION

THE SECOND PILLAR

We are made for relationship. As young adults journey deeper in becoming Mature Christian Disciples they will come to recognize this truth. More than anything, we are made for relationship with God. Through intentional practice and growing in prayer, participants will come to know and deepen their relationship with God.

PRAY

- UNDERSTANDING PRAYER
- FORMING HABITS OF PRAYER
- DISCERNMENT

VIRTUE & SELF-GIFT

THE THIRD PILLAR

"Man, who is the only creature on earth which God willed for itself, cannot fully find himself except through a sincere gift of himself" (GS 24). What value is it to know ourselves and know who God calls us to be, but not pursue growth towards that call? Through the formation program, young adults will discover concrete and applicable ways to grow in virtue, especially chastity, and an understanding of how to be a self-gift to others.

GIVE

- GROWING IN VIRTUE
- DEVELOPING A HEALTHY RHYTHM OF LIFE
- FORMING ACCOUNTABLE COMMUNITY

MISSIONARY SPIRITUALITY

THE FOURTH PILLAR

"Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you; and lo, I am with you always, to the close of the age" (Mt. 28:19-20). Fully alive and truly free, young adults will learn how to live a missionary spirituality in order to return to their parish and community to make disciples of others. This is the ultimate mission of the young adult formation program.

PROCLAIM

- MISSIONARY MANDATE OF CHRIST
- BOLDNESS IN SHARING THE GOSPEL
- DOCILITY TO THE HOLY SPIRIT

THE PROGRAM

PHASE ONE TIMELINE

Phase one of the formation program is built into four quarters where young adults meet in person on a weekly basis as a community and in small groups to pray, learn, journey, and reflect together. Each quarter of the formation program centers on one of the four main pillars.



Though participants will be meeting only once a week with their cohort for formation nights, it will be encouraged throughout the program for them to meet together as small groups and larger groups outside of the formation nights to grow deeper in relationship with each other. This encouragement if for them to build authentic community throughout the program.

THE PROGRAM

FORMATION TEAM

To provide the best formation experience, we have created a robust curriculum presented by experienced and authentic speakers and scholars. Drawing from Scripture and Tradition, as well as personal witness and tangible examples, each session is uniquely presented to help form participants into mature Christian disciples.

HIGHLIGHT OF PRESENTER TEAM


Sr. Tracy Dugas


Jason Evert


Colin & Aimee MacIver


Fr. Mark Toups


Dr. Sarah Denny Lorio


Jason Angelette


Fr. Josh Johnson


Jen Settle


Brian Butler


Dr. Jennifer Morel

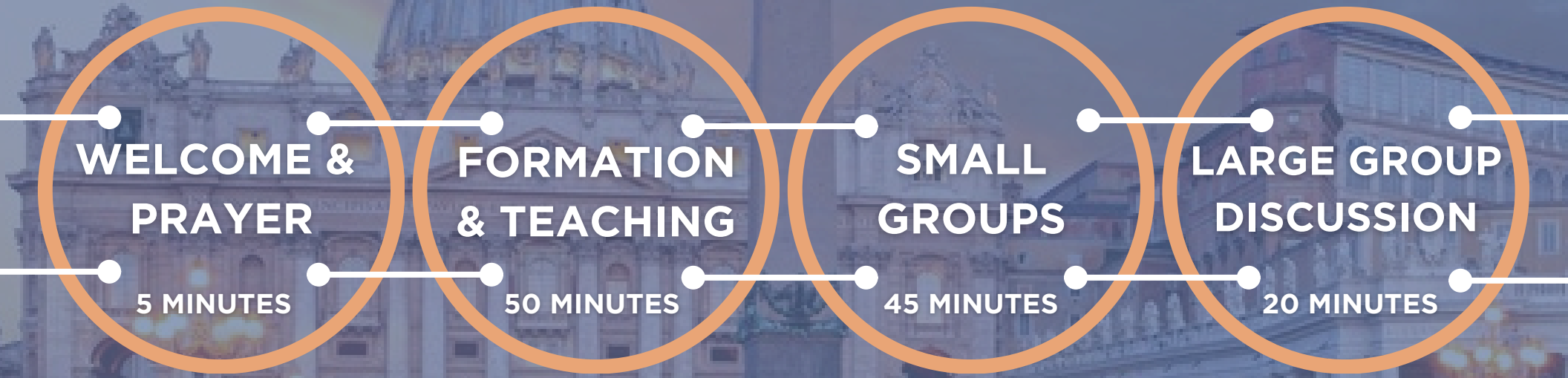

Dr. Tom Neal


Katie Ibarra

THE PROGRAM

WEEKLY SESSIONS

Docility to the Holy Spirit is paramount to the success of the program. This means that even with a standard outline for weekly sessions we will be open to His direction and allow for flexibility for the times we meet. However, through prayer, discernment, and reflection from our pilot year of the program the below outline is an accurate assessment of how each session will be structured.



SITE DIRECTORS & TEAM

FORMED ON RETREAT & IN COMMUNITY

New Horizon is not a "press play" formation program that anyone can simply jump into and lead. Before a formation year starts, every site will send their Site Director and site team to come on retreat with Echo Community staff at the LOLEK Center for Evangelization in Folsom, LA to be formed alongside Site Directors and site teams from around the country. This retreat will provide all necessary training and formation needed for Site Directors and site teams to implement the New Horizon Leadership Formation Program in their diocese or parish within the framework developed by Echo Community.



SATELLITE SITES

EXPANDING THE REACH

Not every partnering diocese, parish, or organization has the facilities or technology needed to host New Horizon at their own location. In order to support every partner, we have a hosting model that is effective for everyone. Satellite Sites are partners that have ample space and the necessary technology to host more than just their own participating young adults. Echo Community works with satellite sites to develop a satellite team who will lead the program from their location.

WILLING TO HOST

TECH & A/V CAPABILITY

SPACE AVAILABLE WEEKLY

CAPSTONE EXPERIENCE

EXPANDING THE JOURNEY

Though our capstone experience opportunities are not a requirement of the program, we strongly encourage all members of the program to participate in at least one of the opportunities spaced throughout the program. From journeying with us through one of our many Echo Retreats, or an Echo Adventure Experience, we are affording participants an opportunity to not only learn what it means to be a mature Christian disciple, but we are inviting them to live and witness the joy of the Gospel.



THE PROGRAM

PHASE TWO OUTLINE

Phase two of the program is no longer centered around formation but evangelization. Young Adults who have been part of the formation in phase one will enter into phase two as Mature Christian Disciples and be sent back into their parishes and communities to evangelize the men and women in their own community.

SENT WITH PURPOSE

Phase two will begin with a discernment experience where participants will have a beautiful opportunity to discern with others what the Lord is inviting them into more specifically at their parish and in their community.

SENT WITH COMMUNITY

As experienced throughout the formation year, participants will have the opportunity to continue in small groups with the men and women they journeyed with through their time in formation

SENT WITH SUPPORT

Regular and planned communication with the site team and other mentors will be provided throughout the year. We are not sending young adults out alone.

SENT TO EVANGELIZE

As Mature Christian Disciples, the men and women who are sent will be grounded in missionary spirituality to go and make disciples of others in their community - to give what they themselves have received.

PARTICIPANT TESTIMONIALS

THE IMPACT OF NEW HORIZON

"I've felt closer to the call of God. I do wish New Horizon was more often, as it's a good reminder of God's wonder and beauty. My daily life isn't full enough of God as a topic and thought."

"Fear is slowly losing its grip on me. God is able to do the impossible.
He can fulfill the desires of my heart that seem impossible for me to reach."

"It has exceeded my expectations because I am being taught very deep catholic theology"

"This community that y'all have formed is just so amazing and I am
beyond grateful that I am a part of it."

"It exceeded my expectations. I was expecting something very rigid that was going to be such a big commitment. I thought I would be dreading it some days. But it's actually the highlight of my week, and I look forward to going.
I love the videos and I love the group discussions"

LAUNCHING NEW HORIZON

BRINGING IT TO YOUR COMMUNITY

At Echo Community we believe that we are only as strong as our relationships. When your diocese, parish, or another organization begins the journey of bringing New Horizon to your community you are not working alone. We provide direct support even before you officially partner with us to make implementation of the program a great success for you and the young adults entrusted to you.

WHERE ARE THEY?

Reflect: Are your young adults well formed? Do they have authentic relationships? How are their prayer lives? Are they equipped and confident in serving others and sharing the Gospel?

BRING THEM TOGETHER

Co-host an inspirational night with us to cast a vision and explore the details of the program.

RAISE THE BAR

Provide a challenge, and show the value of deeper formation, community, and purpose, and watch them eagerly respond!

PERSONALLY INVITE THEM

A Spiritual Father's personal invitation: When a bishop or a priest sees the value of New Horizon and personally invites those in their diocese or parish into the program, young adults consistently answer the call.

“Being Christian is not the result of an ethical choice or a lofty idea, but the encounter with an event, a person, which gives life a new horizon and a decisive direction.”

Pope Benedict XVI
Deus Caritas Est

ECHO
COMMUNITY